



Park City Recreation
Spring 2025 Youth Soccer Rules
1-2nd Grade Division
The Weather Hotline
435-615-5432

All divisions in the Spring Youth Soccer League will play small sided games according to US Youth Soccer recommendations:

1&2nd Grade– **4v4 no goalies**

Players Equipment

1. Players should wear their complete uniforms to all games.
2. Footwear must be soft cleated soccer shoes or tennis shoes.
3. **ALL PLAYERS MUST WEAR SHINGUARDS.** A child will not be allowed to participate without shin guards.
4. Size 3 soccer ball will be used

Players

1. **UNDER NO CIRCUMSTANCES should players be added to teams without the approval of Park City Recreation Department.**
2. Players must play at least half the game regardless of previous participation. If a child misses practice they do not have to start but must still play at least half the game.
Remember this is a recreational league!
3. Each player should experience all positions on the field throughout the season.

Start of Play

1. Teams will play with:
 - 4 players per side
 - If numbers dictate, teams may play with fewer players per side
2. Game times will consist of:
 - (2) 20 minute halves: 10 minute practice prior to game
 - Half time will be five (5) minutes
3. No goalies are used
 - Do not allow players to stand in the goalmouth or encourage the last defender to “play” goalie
4. Referees will be supplied by Park City Recreation
 - Referees will flip a coin (rock-paper-scissors) to determine who starts with the ball; the other team can pick the end they would like to defend first.

5. All players must be on their own half of the field at the start of play. **Switch sides after half.**
6. One coach per team is allowed to be on the field with the players. Due to the field size please limit to only one coach. **Although it is not a rule, our goal is that by mid-season, coaches remain on the sideline allowing the team to make decisions on the field.**
7. Opponents must be outside the center circle while the kickoff is in progress.
8. The ball must move forward and must be played by another player, of either team before the original kicker may play the ball again. Once the ball has been touched the opposing team may try to get the ball.

Playing Rules

1. Player substitution is unlimited and may occur at the following times: Just notify the ref before subbing so they can pause game play
 - After a goal by either team
 - Either team's goal kick
 - Your team's throw in/ kick in
 - Beginning of the second half
 - After an injury
2. A ball out of bounds on the sideline will be a: **KICK IN**
 - A goal kick will result when the ball goes over the end line and was last touched by an offensive player, and the kick will be taken from any point on the goal line. (When a goal kick is taken, the ball must be over the "18 yard mark" before the ball can be played by either team. **If the ball does not clear the area have the player re-kick.**)
 - A corner kick will result when the ball goes over the end line and is last touched by a defensive player.
3. No direct free kicks will be awarded. All fouls will result in **an indirect free kick**, players must be at least four (4) yards away before the kick.
 - Indirect free kick: The ball must be touched by another player before attempting to score a goal.
 - No penalty kicks: For a foul occurring inside the goalie box, an indirect free kick will be awarded.
4. Slide Tackling is **NOT PERMITTED** under any circumstance. All players must remain on their feet when trying to get the ball from an opponent. Any infringement will result in an indirect free kick.
5. Hand balls will be coached against, reminding the players not to use their hands

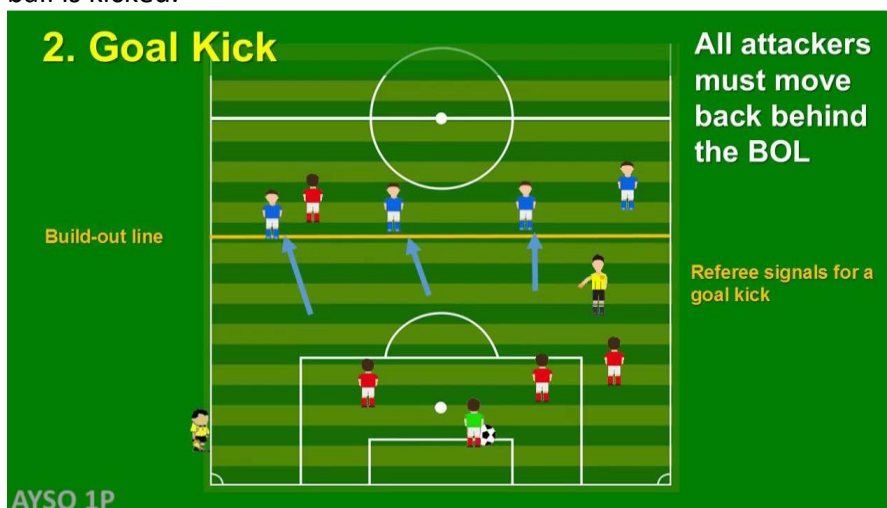
intentionally. If they are using their hands to protect themselves or an unintentional touch that doesn't affect play, **PLAY ON**. If play is affected the other team will be given an indirect free kick.

6. Any physical play (pushing, shoving, tripping, etc.) or poor sportsmanship (swearing, back talk to the ref, coach, etc.) is **NOT PERMITTED** under any circumstance. **Any infringement will result in an indirect free kick and possible ejection from the game.**

7. **No headers in any division.**

➤ If a player heads the ball, play will stop. An indirect free kick will be awarded.

8. Build Out Line: The defending team will all have to be behind the build out line before the ball is kicked.



CANCELLATIONS / RAIN-OUTS

1. Games postponed by the Recreation Department will be rescheduled if time and field availability allow. No other games will be rescheduled.

2. Cancellations due to inclement weather will be based upon field and safety conditions and not player comfort. All teams should assume their games will be played.

Official decisions regarding rain-outs will be made at 8:00am on Saturdays and 4:00pm on weeknights.

The Weather Hotline will also be updated at the same times, 435-615-5432.

Coaches will be notified directly when possible and are responsible for notification of their players.

Questions? Call Lauren @ 435-615-5420 or email lauren.wall@parkcity.org