



pcaquatics

A higher degree of play

Masters Swim



Masters swim is open to all swimmers looking for a coached workout. Coaches will lead participants in various drills and sets with focus on increasing physical fitness. Workouts will be broken down with skill level options while maintaining a group workout atmosphere.

Day: Monday, Wednesday, Fridays

Date: April 12 - October 29

Time: 12:00 - 1:00 pm

Location: PCMARC Lap Pool

Fee: Drop in fee or included in fitness class pass add on

Park City Recreation
1200 Little Kate Road
435-615-5400
www.parkcityrecreation.org