

## PARK CITY HOCKEY LEAGUES

Park City Ice Arena strives to offer the opportunity for adult league play for all ability levels. However, league play may not be available for all ability levels. We strive to offer recreational hockey programs that are fun and safe, assist participants in developing their athletic skills, teach and uphold the concepts of team play and sportsmanship. To reach these goals, it is imperative that Park City Hockey League (PCHL) participants follow the rules of the game, respect players, referees, scorekeepers, and Ice Arena Staff, and practice good sportsmanship.

There are currently three levels of play; Open Gold (very advanced through high intermediate), Silver (intermediate), and Bronze (rookies and/or 45+ years of age).

## LEAGUE STRUCTURE

Games: One hour and 15 minutes

Warm up: 4 Minutes

Periods: 14 Minutes Stopped Time

Ties: Regular season games may end in a tie. Playoff and Championship games may not end in a tie. There will be one five minute sudden death overtime and if necessary, a five person shootout followed by a sudden death shootout.

Rosters: Teams must roster between 11 and 20 players – Rosters must include all part time players and available substitutes. A player may only be rostered on one team per season. All players must be at least 18 years of age.

How To Register a Team- [link to PDF of instructions](#)

How To Register as a Player- [link to PDF of instructions](#)

How to Join a Team Mid-Season- [link to PDF of instructions](#)

## REMINDER OF A FEW FACILITY RULES

- **The Park City Ice Arena is an alcohol-free and tobacco-free facility.** Alcohol is not permitted anywhere in the facility without an approved alcohol agreement. Individuals with alcohol in their possession will be asked to remove it from the building immediately. If individual does not comply, higher authorities will be called. Players consuming alcohol in the facility prior to the game will not be permitted to play in the game.
- All players must wait to take the ice until the ice resurfacers doors are closed.

## PLAYER CODE OF CONDUCT

The Park City Hockey League (PCHL) is sanctioned by USA Hockey; all players must have a current USA Hockey registration number to register in the PCHL, and follows the Official Rules of USA Hockey except where modified by local rules.

LINK TO USA HOCKY RULES : [USA Hockey Playing Rules](#)

Violations of this Code of Conduct may result in restriction or revocation of Park City Ice Arena or PCHL privileges without any refund.

### **PCHL Local Rules:**

- **Excessive Penalty Rule:** A player receiving three penalties (minor, major or misconduct ) in any one game are immediately suspended from that game and will either leave the ice immediately, or serve the remainder of the game in the penalty box at the discretion of the referee. The offending team will serve the penalty from their bench if the player is asked to leave and will play one person short.
- **Game Misconduct :** Game misconducts in the **Silver** and **Bronze Leagues** will carry an additional two game suspension. Game misconducts in the **Gold League** will carry an additional one game suspension. Suspensions from a player's first Game Misconduct are not eligible for appeal.

In the case of a player receiving more than one Game Misconduct penalty within a one year period, the player is subject to additional disciplinary action. The above mentioned suspension will be the minimum disciplinary action assessed to the player. A Disciplinary Committee will meet to review the player and prior penalties. The Disciplinary Committee will recommend disciplinary action for the player including but not limited to an extended suspension. Staff will make the final decision of the disciplinary action.

**Disciplinary Committee:** The Disciplinary Committee will consist of players from the adult hockey leagues, and when possible players from the league in which the penalty occurred. The team of the player under review, if available, should be included on the Disciplinary Committee.

### **Review Schedule:**

1. Player receives a Game Misconduct within 365 days of a previous Game Misconduct. A game official submits a Game Misconduct Report to league administration.
2. League administration contacts Captains of the league in which the penalty occurred to coordinate a Review Hearing. If a Captain is not available, they should designate a team representative that can participate. Subjects of the review may not participate as a member of the Review Committee, but may be represented by a Captain or player from their team. If a representative from the player's team is not available, the Review Hearing can proceed.
3. League Administration will make every effort to coordinate a Review Hearing during the initial suspension (before the player would return to play after serving the additional one (Gold) or two (Silver) game suspension). A minimum of two representatives from teams other than the team for which the player played must participate in the Review Hearing. If League Administration is unable to schedule a Review Hearing prior to the conclusion of the initial suspension, effort will be made to schedule as soon as possible thereafter. During this time the player under review is not eligible to play in league games. No refund or credit will be issued for games missed.
4. At the Review Hearing, the player has 10 minutes to provide context and defense. They may bring up to two witnesses to make statements or share pre-written statements on their behalf.

- Various items may be refereed, including but not limited to prior penalties, Game Misconduct Reports, video and witness.
5. The Review Committee can ask questions of the player and witnesses.
  6. The player and witnesses are excused for the Review Committee to discuss and propose recommended disciplinary action. Disciplinary action may include, but is not limited to, suspension from league play. Other disciplinary actions may include changes to the window for which an additional Game Misconduct will be reviewed. The Review Committee is encouraged to propose meaningful disciplinary action that they feel will improve the behavior of the player under review and is not limited to the duration of the suspension.
  7. The Review Committee will make a recommendation to league administration for the duration of the suspension. The Review Committee may recommend the player does not return to league play.
  8. League administration will decide the final disciplinary action.
  9. Decisions made in this process can be appealed to USA Hockey.
- **Illegal Players:** If a team plays an illegal player they will forfeit that game and the next game. Staff will attempt to coordinate an alternative team for the game missed by the offending team. If another team is not available during the expected game time, staff will coordinate an alternative date or the team may use 1.25 hours of ice. The scores will be recorded as 1-0 win for the non-forfeit team. An illegal player may be an unrostered player, a suspended player, etc.
  - **Gretzky Rule:** In the Silver League, a player may not score more than three goals in one game. If a fourth goal is scored by the same individual in one game there will be a whistle and face-off in the offensive zone.

### Required Waiver

All League participants are required to have a current facility waiver on file, [Facility Waiver](#) . Facility waivers are valid for one year.