

November 19, 2017

Subject: 638 Park Ave. Remand of a CUP for an Event Facility at the Historic Kimball Garage.

Dear Members of the Park City Planning Commission:

My name is Dawn Vagstad and my husband Gregg and I are writing to encourage the Planning Commission to restrict the use of the outdoor deck of the new Kimball Garage/Event Center.

We are full time residents at 108 Park Ave in Old Town and we knew when we moved here that there would be noise. We hear the trolley, truck noise, and the occasional parties from renters around us. It's part of living in Old Town. We love the atmosphere and recognize there will be some city noise.

**I wanted to say that noise from a large party deck where over 400 people can congregate is a totally different level of disruption than typical Old Town noise.**

I wanted to look into how noise can affect a person's health. The Huffington Post reported findings from Dr Mathias Basner, MD., Ph.D., Assistant Professor at the University of Pennsylvania. Dr Basner found that exposure to noise is not only annoying, noise can actually hurt our health. He reports the chronic noise can lead to increases in blood pressure and excretion of stress hormone. If that happens over years, that could actually contribute to cardiovascular outcomes and stroke.

The World Health Organization conducted a review of various studies and found that children who live near transportation noise are more likely to test poorly for language, reading, and cognitive skills.

The Lancet published a review that analyzed published literature on noise and found associations between noise and heart disease, decreased cognitive performance, sleep problems and negative hospital patient outcomes.

The book "Noise" by Bart Kosko goes further to say noise that disrupts sleep can lead to decreased immune function. Mayo Clinic's website says complications from sleep loss include:

- lower performance at work or school
- slowed reaction time while driving and an increase risk of accidents
- depression, anxiety disorder
- increased risk of heart disease and high blood pressure

Mayo Clinic also states that people who don't get enough sleep report a lower quality of life compared to people who are sleeping well.

While it's impossible to steer clear of noise altogether, Dr Basner states that

avoiding noise and contributing less to noise levels are good strategies to take.

Gregg and I are hoping as you make your decision to please consider the health of the people who live near the Kimball Garage. We are encouraging the Planning Commission to require the Kimball to request a permit for each exterior event.

We don't want our town to turn into party central. Home is where we all go for refuge after a big day out in the world. Everyone deserves to live in a peaceful place.

Thank you so much.

Sincerely,

Dawn and Gregg Vagstad